



## Medicine Hat Golf and Country Club – Junior League 2017

My name is Connor Lunge and I am in my 8<sup>th</sup> year as an Assistant Golf Professional at the MHGCC. I graduated from Lethbridge College in 2012 with a diploma in Business Management and a 1 year certificate in Golf Management. I fell in love with the game of golf at a very young age and ever since always wanted a career in the industry. One of my many passions is Junior Golf. I believe we have created 3 great junior golf programs that suit the skill level and ages of all kids.

Our staff at the Medicine Hat Golf and Country Club (MHGCC) is committed to grow the game of golf. By creating a fun and safe learning environment for our students, our students will learn about the game and the core values it teaches us. Under the direction of CPGA Professionals, students will learn the etiquette, rules of golf, fair and fundamentals of a game that can last a lifetime.

Please feel free to contact myself or our Head Professional Wayne Mattson if you have any questions or concerns.

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### Junior Membership Fee's

- |                   |          |
|-------------------|----------|
| • 8-12 years old  | \$195.00 |
| • 13-15 years old | \$265.00 |
| • 16-18 years old | \$335.00 |



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**\*\*We are happy to announce that we are offering the dual membership for juniors in 2017. For an additional \$50.00 they also get the same golfing privileges at the Connaught Golf Club!\*\***

**Membership fees based on age as of April 1, 2016**

## Junior Range Passes

• Unrestricted Range Pass	\$150.00
• Restricted Range Pass (Max 3 large buckets per day)	\$100.00
• Junior Range Pass Punch Card	\$60.00

## Junior Membership Rules and Restrictions

1. Juniors can book tee times anytime Mondays-Fridays (except holidays)
2. Juniors **CAN NOT** play before 3pm on Saturday, Sunday and Holidays without adult supervision.
  3. Juniors may play after 12pm on Saturday, Sunday, Holidays if the following occurs:
    - a. They are invited by an adult
    - b. They may also walk-on if a group has an empty spot
4. There are **NO** restrictions when it comes to use of the driving range, unless the range is closed for lessons or maintenance.

## *Junior Golf I – FUNdamentals*

This program is designed to expose new kids to the game of golf. As an intro to golf, students will learn the rules of golf and etiquette. They will be introduced to the fundamentals of the full swing, chipping and putting. This will be done with a series of golf related and non-golf related activities designed to keep students excited and engaged for the entire lesson. The main goal of this lesson program is to get the students excited about golf while having lots of **FUN!**

**Cost \$40.00**



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*Limited to the first 24 paid students*

**May 7<sup>th</sup>** – Lesson 1 – 30 minutes (FULL SWING)

Introduce Safety and Etiquette. Introduce the proper way to grip the club.

**May 14<sup>th</sup>** – Lesson 2 – 30 minutes (FULL SWING )

Review safety and etiquette. Review the grip. Introduce posture and alignment

**May 21<sup>st</sup>** – *NO LESSON – MAY LONG WEEKEND*

**May 28<sup>th</sup>** – Lesson 3 – 30 minutes (CHIPPING AND PUTTING)

Introduce the grip and the stance. Explain the stroke of putting and chipping and learn the similarities between the two.

**June 4<sup>th</sup>** – Lesson 4 – 30 minutes (FULL SWING AND CHIPPING/PUTTING)

**June 11<sup>th</sup>** – This is a make-up date for any dates cancelled due to weather.

*The times for these lessons will be between 4-4:30 4:40-5:10 and 5:20 to 5:50. An email will be sent out with your lesson time.*



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## *Junior Golf II – Learn to Play*

This program is designed for the junior golfer who has already been introduced for the game. In this Learn To Play program, the student will get instruction from our CPGA Professionals on all aspects of the game. On Sundays, the students will take part in a 30 minute lesson before heading out on the course to play 9 holes. During the instruction they will be instructed on how to make more consistent ball contact, different types of short game shots and a more in depth look at putting. Like all our junior programs the main goal of this program is to keep the junior interested in the game and improve their skill. Once students complete the lesson portion, they will play 9 holes of golf. Juniors will play from either our gold tee boxes or junior tees based on their individual skill level. This will be determined by our instructors. We do ask for parent volunteers to walk with each group while they are on the golf course.

Cost: **\$100.00 for Members (including dual members)**  
**\$165.00 for Non-Members**  
**(Both prices includes sign up gift)**

- Sunday July 9<sup>th</sup>
  - Lesson time anywhere from 3:00-5:00
    - students will review grip, posture, stance and balance
  - Tee Times in 10 minute intervals from 4:00-6:00
- Monday July 10<sup>th</sup>
  - 9 holes of golf
  - Tee times in 10 minute intervals from 12:00-2:00
- Sunday July 16<sup>th</sup>
  - Lesson time anywhere from 3:00-5:00
    - Students will use their drivers, fairway woods and/or hybrids
    - Learn how to hit it Long and Straight!
  - Tee Times in 10 minute intervals from 4:00-6:00
- Monday July 17<sup>th</sup>
  - 9 holes of golf
  - Tee Times in 10 minute intervals from 12:00-2:00
- Sunday July 23<sup>rd</sup>
  - Lesson time anywhere from 3:00-5:00
    - students will learn all about the short game
    - putting, chipping, putting will all be covered
  - Tee Times in 10 minute intervals from 4:00-6:00
- Monday July 24<sup>th</sup>
  - 9 holes of golf
  - Tee Times in 10 minute intervals from 12:00-2:00
- Sunday July 30<sup>th</sup>
  - Final Range Session



## Medicine Hat Golf and Country Club – Junior League 2017

- Team Competitions and Fun Drills will be used to show what we have worked on during this program
- Monday July 31<sup>st</sup>
  - Our Final Wind-up Day
  - 9 holes Tee Times from 12:00-1:30
  - Burger and Pop ticket for Snack Shack
  - Prizes given out

### *Junior Golf III – Individual Coaching Package*

This package is designed for the junior who is playing tournament golf, wants to start playing tournament golf or just wants to work hard on their golf game in an individual setting. This one on one program is designed to take place over roughly 4 months (May-August). In this program we will use video technology so students can see their swing, see the changes we want to make in the swing and then see the improvements they have made in their swing. Lessons are to be held every 10-14 days on the range and will run 30 minutes in length. I look forward to playing either 9 or 18 holes at least once a month with the student to work on many things, including course management. After our initial meeting, we will create a plan together on how we want to achieve our goals.

**Cost: \$475.00**